



Association for Adult Development and Aging



Wendy Enochs

FROM THE PRESIDENT'S DESK

ACA Convention

The ACA Convention is quickly approaching. There will be a great deal to do at the conference and numerous AADA events and activities. As always, AADA will be sponsoring several sessions. In addition, there is the AADA luncheon which will be a Mexican Buffet. I am looking forward to seeing you all there. For graduate students interested in AADA, there will be graduate student breakfast in the AADA suite. This is an opportunity for graduate students to meet the leadership of AADA and learn more about the organization.

This year AADA will host its own reception in the AADA suite. It will be a wonderful opportunity for everyone to see old friends and make new ones. Also, if you know someone who is de-

serving of an award make sure you get your nomination in soon. The awards committee will be hard at work in the near future reviewing the nominations and the winners will be announced at the AADA luncheon. Be sure to check-out the AADA booth in division row. Be sure to check out this newsletter for all the details about AADA events.

This has been an exciting year for AADA with the organization moving forward. In addition, if you want to be more involved with AADA by serving on a committee or being a mentor or mentoree just let me know by emailing me at enochswk@sfasu.edu. I am looking forward to the ACA convention and seeing everyone.



Special points of interest:

- *From the President's Desk*
- *AADA Mentorship Program*
- *Photos from ACA & Summer Conference*

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IMPORTANT AADA EVENTS AT THE 2007 ACA ANNUAL CONVENTION!

Come and join us at the 2007 ACA Annual Convention in Detroit, Michigan from March 21 - 25, 2007. The following are the important AADA events scheduled during this time.

Title	Room	Day	Date	Start Time	End Time
Board Meeting	LaSalle A	Thursday	March 22	9:00 AM	4:30 PM
AADA Luncheon	Marquette A	Friday	March 23	12:00 PM	2:00 PM
Committee Meetings	Michelangelo	Friday	March 23	2:30 PM	3:00 PM
Competencies Task Force Meeting	Michelangelo	Friday	March 23	3:00 PM	4:30 PM
Graduate Student Breakfast	AADA Suite	Saturday	March 24	7:30 AM	8:30 AM
Adultspan Journal Editorial Board Meeting	Nicolet B	Saturday	March 24	11:00 AM	12:00 PM
New Board Meeting	Duluth A	Saturday	March 24	4:00 PM	5:00 PM
AADA Reception	AADA Suite	Saturday	March 24	6:00 PM	8:00 PM

See you there!

Pamela E. Monk, Ph.D., L.P.C.-S, N.C.C.
AADA Newsletter Editor

SILENT AUCTION IN DETROIT

By Carolyn A. Greer, AADA President Elect

Everyone loves to shop and particularly for a bargain, right? Well, AADA will have its Second Annual Silent Auction in Detroit. AADA is hosting the Silent Auction as a fund raiser for the AADA budget, as well as an opportunity for participants at the ACA conference to go home with some special goodies. All items will be available for viewing outside the AADA Reception on Saturday evening, March 24th, from 6:00 – 8:00 p.m. Final bids must be made by 6:45 p.m. that evening and winners will be announced at 7:00 p.m. All items must be purchased with cash or check with provisions made for payment and pickup on Saturday evening.

To help make this auction a big success, AADA is asking members to donate items for the auction. Most of us have items sitting on a shelf

or in the closet that we have never used or maybe got as a gift that we really did not like, but kept thinking we would grow to like it. Why not bring it to Detroit and donate it for the auction? I am sure some of you are very creative and crafty. Why not bring some of your creative efforts and donate then to the auction? If you have some items to donate, it would help in the organization of items if you would email me at greercarolyn@peoplepc.com before the conference and even send a picture of your item.

If there are any questions, please contact me. Together we can make our annual AADA Silent Auction a successful and fun event.

AADA Booth Workers Needed for ACA Convention

If you would be willing to work a few hours at the AADA Booth during the ACA Convention, please contact Wendy Enochs at enochswk@sfasu.edu. This is a wonderful opportunity to show your support for AADA, as well as meet and greet colleagues at ACA!

DID YOU KNOW...?

- We have a listserv for e-mail messaging and all you need to do to join is write to aadatechchair@gmail.com
- An online directory of members can be found on our website at www.aadaweb.org. Anyone can be listed and can write to aadatechchair@gmail.com to be added.

NEWS FROM THE EDITOR

The Fall Issue of the AADA Newsletter was sent out in October 2006. There were a few glitches, but everyone has been very helpful in trying to work through these issues.

Again, I encourage you to submit your articles and information for the Newsletter. Your suggestions for improvement in the newsletter are always welcomed.

I am looking forward to a wonderful ACA Convention and AADA special events! Thanks again for your support!

Pam

Pamela E. Monk,
Ph.D., L.P.C.-S, N.C.C.
AADA Newsletter Editor

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Newsletter Publication and Communication:

Please forward all material for publication in the newsletter to the Editor, Pamela Monk, at pam.monk@sbcglobal.net. Attach all material in a publishable-ready format as a Microsoft word document.

CALL FOR MANUSCRIPTS

ADULTSPAN JOURNAL is currently seeking three types of submissions for upcoming issues – manuscripts that can either be conceptual or research-based, practice articles concerning issues of counseling and working with adults, and reviews of new books that are pertinent to adult development. We are interested in a variety of topics to life span development, from young adulthood through older adulthood. For example, partner and family violence in older adulthood; young adult developmental issues pertaining to addictions; gender issues for midlife and older adults in their careers; and training issues of counselors who work with older adults.

Manuscripts for the *ADULTSPAN JOURNAL* are also being sought for a special issue on health, nutrition and body image of midlife and older women. For more information on this special issue, or for further information on the journal, please contact Catherine B. Roland, Editor, via e-mail: rolandc@mail.montclair.edu

All submissions should be sent to:
Catherine B. Roland
Professor and Chair
UH 3161
Dept. of Counseling, Human
Development and Educational
Leadership
Montclair State University
Montclair, New Jersey 07043

ADVERTISING

The following is information related to advertising in the ADULTSPAN Newsletter. AADA reserves the right to edit all copy and to refuse ads that are not in consonance with the principles of Title VII of the Civil Rights Act of 1964 (Equal Employment Opportunity). The publication of any advertisement by AADA is not an endorsement of the advertiser or the products or services advertised. AADA is not responsible for any claims made in an advertisement. All ads must be forwarded in a publishable-ready format. The ad sizes available are:

1/4 page: \$125
1/2 page: \$250
Full page: \$350



ADULTSPAN

The Official Publication of the Association
for Adult Development and Aging

ADULTSPAN Newsletter is distributed three times a year to all AADA members. This publication keeps our members aware of current events in the counseling profession and in adult development issues across the life span. AADA supports only the highest standards for our profession, and the content included herein represents our effort to uphold those standards.

DEADLINES:

Deadline for Material	Publication Date
May 15, 2007	July 1, 2007 (Summer Issue)
August 15, 2007	October 1, 2007 (Fall Issue)
December 15, 2007	February 1, 2008 (Winter/Spring Issue)

EDITORIAL STAFF

Pamela E. Monk, Editor
Lamar University

Associate Editor: (As yet to be filled; if interested contact Dr. Wendy Enochs at enochswk@sfasu.edu indicating your interest in this position.)

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ACA GOVERNING COUNCIL MEETING

November 16-18, 2006

David Capuzzi, Ph.D., NCC
AADA Governing Council Representative

The meeting was convened by AADA President Marie Wakefield at noon on Thursday, November 16, 2006 in Arlington, VA.

The following is a list of motions acted on by the Governing Council at the November 16-18, 2006 meeting. Please pay particular attention to motion number eight, which was precipitated as a result of the motion I submitted on collaborative membership development. Depending on which one of these suggestions is adopted in March in Detroit, ACA membership dues would increase; however, members would be able to choose to belong to a Division or state branch of their choice at no additional cost. I think this would go a long way to creating a stronger Association and ending the monthly decline we are experiencing in overall membership, as well as state branch and Divisional membership. This approach would parallel that used by a number of other professional groups that maintain strong membership in all components of their professional association.

1. To approve the Agenda for the Meeting, as amended. (Amendment was to remove three items from the agenda: #7-Election of Student Representative; #11-Selection of Editor for JCD; #12-Staff Retirement Proposal)

Arredondo/Vassos

Passed.

2. To approve the Consent Agenda.

This motion approved the following agenda items:

- Approval of Minutes from previous meetings
- Approval of additional appointments
- Approval of Regional meeting dates for 2007
- California Association for Counseling and Development Name change
- Interest Network Application from Historical Issues in Counseling Network

Erford/London

Passed

3. To authorize the Bylaws Committee to craft a proposed Amendment to include a graduate student as a voting member of the Governing Council. This amendment must be distributed to the Governing Council by February 1, 2007.

Erford/Murphy

Passed

4. That the Executive Committee will formulate a working group to make recommendations for a graduate student entity. The

working group will include representatives from the Bylaws Committee, graduate students, Governing Council, and other experts. The working group recommendations will be ready for discussion at the March 2007 Governing Council meeting.

Erford/Farley

Passed

5. That the Governing Council elect Amy Manis to be the graduate student voting member for FY 2007.

Arredondo/Engels

Passed

6. That ACA's current Task Force on CACREP codify ACA's ongoing relationship with CACREP.

Engels/Leddick

Passed

7. That the ACA Executive Committee explore all options and liabilities regarding relationships with CACREP.

Leddick/Engels

Passed

8. That the Financial Affairs Committee will conduct a feasibility study on the financial implications of the following membership options:

- Offer combined ACA, division

- and branch dues
- Offer combined ACA and division dues
- Require division membership of ACA members
- Provide a variety of membership levels and services at different rates
- Provide current membership categories with a menu of services from which to choose
- Provide ACA members with the option of joining any and all divisions at no cost.
- Feasibility study results will be available by the March 2007 ACA Governing Council meeting.

Erford/Young
Passed

9. That Dr. David Capuzzi be confirmed by ACA Governing Council as Dr. Brian Canfield's Treasurer for FY 2008.

Canfield/Leddick
Passed

10. That the Governing Council permit those ACA staff wishing to move funds from our current 403b vendor (TIAA-CREF) into an account with another vendor be allowed to do so prior to the anticipated change in legislation (January 2007).

Moved by Financial Affairs Committee
Passed

11. That the search for the Journal of Counseling and Development journal editor be extended through February 1, 2007, and that the President appoint a search

committee inclusive of members of the Publications Committee and the two Governing Council liaisons. Further, the search committee be instructed to pursue a search for an editor with a strong counseling identity.

Arredondo/Bradley
Passed

12. That the motion by the Governing Council in March 2006 regarding publication of links to research sites be referred to the Research and Development Committee for implementation. The motion referred to reads as follows: "Each issue of Counseling Today and the ACA website will contain a list of links to research sites that provide current information on best practices and on innovative counseling techniques. A staff member of ACA will be given the assignment of collecting and publishing this list, with advice and review from a professional advisory committee appointed by the President of ACA."

Rollins/Capuzzi
Passed

13. That the motion by the Governing Council in March 2006 regarding establishment of a voluntary mentoring program be referred to the Professional Development Committee for implementation, with consideration for the activities and projects already under development by

the committee. The motion referred to reads as follows: "ACA will establish a voluntary mentoring program for members of the Association. A call for volunteer mentors and for members who wish to be mentored will be published in the September, October, and November issues of Counseling Today. Starting in January, lists containing the names, email addresses, areas of specialization, and geographic location of available mentors and mentees will be published in each issue of Counseling Today or on the ACA website. In this way, those wishing to be mentored will be able to connect with a willing mentor in their area of specialization and/or geographic area."

Collins/Winborne
Passed

14. That the motion by the Governing Council in March 2006 that the Task Force on Branch Development be made a Standing Committee be referred to the Bylaws Committee to prepare a proposed Amendment to the ACA Bylaws that will move the Task Force on Branch Development to a Standing Committee of the Association. This proposed amendment will be distributed to Governing Council by February 1, 2007.

Erford/Vassos
Passed

15. That the following meeting

dates and locations be established for Governing Council meetings in FY 2008.

October 25-27, 2007 –
Washington, DC area

March 24-26, 2008 –
Honolulu, HI

Canfield/Arredondo
Passed

16. That ACA identify and appoint a point of contact person at each counselor preparation program who will serve as a local ACA recruiter at that institution, and that this effort constitute a pilot program.

Engels/Trepal
Passed

17. That the Governing Council thank President Marie Wakefield for a very productive meeting.

Collins
Passed by acclamation

CHECK IT OUT!

As you surf the web in your “free” time, be sure to check out AADA’s website at www.aadaweb.org. The website contains a wealth of information about AADA and is very user friendly. Some of the information you can find on this website include: The President’s Corner, how to join AADA, ADULTSPAN Newsletter and Journal, convention and division information, as well as AADA By-laws and Policies and Procedures.

Remember to CHECK IT OUT at: www.aadaweb.org.

ACA AND SUMMER CONFERENCE

SUBMITTED BY CATHERINE ROLAND



THE PATHFINDER STORY - GLADYS LEONARD

BY SHARON WHITAKER

The following was a delightful visit with an elderly lady who is blind and unable to leave her apartment. I was hoping to find out where she would be in Erik Erikson's eighth and final stage of life. The last stage is a time for older adults to make sense of their lives, either seeing life as a meaningful whole or despairing at goals never reached. Read this story and try to guess how she felt about her life.

This lady was born February 18, 1930 in Florence, Mississippi. She was one of twelve children. Her mother died when she was five years old and her father and grandmother then cared for her. Her father remarried and her stepmother was abusive. She grew up in a segregated South. She attended a country school that was black only and had eight grades. Her father sent her away to boarding school in order that she might get a high school education. At the school, she picked cotton to pay her way.

Her father was part White and part Native American. He taught her to respect the whites and always to say "Yes, sir" and "Yes, madam". Her father, "Poppa", was well respected by the white community and they all called him "Puddin". She grew up on a farm and they picked cotton in the summer and cut wood in the winter. She had mostly boys for friends and was considered a tom-boy.

She went back home after high school for a while and then moved to Texas to live with her sister.

There she helped care for her sister's children. Her brother-in-law tried to sexually assault her and when her sister found out, the husband said it was my friend who had initiated the sexual advances. She had to leave and moved to an apartment. She became pregnant out-of-wedlock, but was very happy to have a child of her own - "someone to love me."

She then married a man who could neither read nor write, but he found work in construction and traveled a lot. She had six more children and worked nights at a nursing home. She had to walk three miles each night to get to and from work. The only car they had was used by her husband and he was out-of-town most of the time. The older children took care of the younger ones. They lived in a one-room house that was later enlarged by her husband into a four-room house.

My friend said her happiest time was when they were able to buy a house in Port Lavaca, Texas. Her career was a caregiver in nursing homes. She is proud that she was able to care for her seven children and made sure they went to school.

When her husband was dying, he decided to confess to her his infidelities and sorrow for always being gone from the children. He apologized for his indiscretions and asked forgiveness. This hurt my friend and she still feels regret over the poor marriage. When her husband was home, he would beat her and she still bears scars from the abuse.

Her children have all done well

including two daughters who graduated from Texas Woman's University. Her greatest joy is her children. They take care of her now that she is blind and can no longer leave her apartment.

I asked my friend how she felt about her life and expected her to feel despair from all her hardships. But to my surprise, she said how very pleased and happy she was with how she had lived her life. She said one time, when she was feeling desperate for money, she considered prostitution, but quickly discarded the idea. She is proud that she lived her life without harming others and never told a lie. Her religion has been important to her.

My evaluation of her sense of meaningfulness is she was true to her moral values and worked hard to make life better for her children. Gladys is an example of the silent members of our society who struggle each day, and, with pride and hard work, make life better for all who know them.



AADA MENTORSHIP PROGRAM

Are you in need of someone to talk with about issues related to adult development and aging? If so, would you like a mentor?

Are you someone with extensive experience in the counseling field who would be willing to share of your time and talent and give back to new professionals?

Are you interested in becoming involved in leadership within AADA?

Do you have experience in leadership within AADA or ACA

and would be willing to guide and direct the next generation of leaders?

If you answered yes to any of the aforementioned questions, you are an excellent candidate for the new AADA mentorship program. AADA is committed to providing its members with opportunities for professional development.

The mentorship program is an opportunity for members to connect with each other. To get involved in this new program, please indicate if you would like to be a mentor or mentee and type of mentorship you are seeking or would be willing to provide and email Dr. Wendy K. Enochs at enochswk@sfasu.edu

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